



## When Your Face-to-Face Class Suddenly Becomes a Remote Teaching Situation

### Articles:

[Leveraging the Neuroscience of Now](#) (Imad, June 3, 2020)

If you are suddenly transitioning your face-to-face class, then students are suddenly transitioning, too. Dr. Mays Imad is a neuroscientist who studies stress and emotions and their effects on students' learning. Her work suggests that moving course content online may not be our biggest consideration. In this article, she offers suggestions to guide our teaching practice during challenging times.

[What Does Trauma-Informed Teaching Look Like?](#) (McMurtrie, June 4, 2020)

The Chronicle of Higher Education reached out to experts in the field and compiled a list of practical teaching suggestions that help compensate for trauma.

### Video:

[Trauma Informed Teaching & Learning](#) (Imad, April 13, 2020)

In this recording of a recent webinar, Dr. Mays Imad describes how the brain reacts to trauma, how this may manifest itself in students, and strategies that we should all consider when teaching during stressful times.

### Blog post:

[Long-Term Instructors Share Most Valuable Skills for Online Teaching](#) (Stritto, May 2020)

Another great OSU—Oregon State University—has a significant teaching force of faculty who have taught online for 10 years or more. Their brilliance was leveraged by the Oregon State teaching and learning center for those who suddenly found themselves teaching remotely during the Spring 2020 semester. This blog post describes the top three skills discussed by experienced online instructors and provides a nice depiction of where to begin if your traditional face-to-face class suddenly moves online.

### Website:

[Association of College and University Educators Online Teaching Toolkit](#)

This resource provides another mechanism of support for those suddenly transitioning their courses away from a face-to-face format. Brief videos, reasonable recommendations, and downloads that walk you through the recommendations in practical ways are offered on a variety of topics. The site is wonderfully organized and features advice from some of our favorite online instructors.

If you would like further assistance, please contact ITLE's  
Department of Teaching and Learning Support at 405.744.1000.